

QUESTIONS FOR YOUR HEALTHCARE TEAM

At Takeda Oncology, we believe that being an active participant in your treatment plan helps you get more out of your doctors' appointments. And that starts with asking questions. Lots of them. Below are some suggestions to bring up at your next appointment. Feel free to add your own, and remember: In a subject as complicated as multiple myeloma, there is no such thing as a silly question.

General questions

- Can you help me understand the differences in available multiple myeloma treatments?
- What are the goals of treatment?
- How often will I receive treatment? For how long will I receive treatment? In what way is treatment given?
- How effective is the treatment you're recommending?
- How will I know if my multiple myeloma is responding to treatment?
- What does it mean if I achieve remission?
- These are the medications and supplements I am currently taking (be prepared with a list). Do these affect my treatment, and how?
- How often will I need to come into the office?
- Are there patient support groups that you might recommend?
- Can I make plans to travel?

Questions about side effects

- What are the side effects of treatment?
- Are there signs or symptoms I should look out for?
- Should I expect any new or worsening symptoms at this point in my treatment?
- What should I do if I experience any side effects? How can they be managed?

Questions about lab work and tests

- What typical tests and scans will I need?
- How often do I need them?
- What tests/results should I keep track of?
- Can you explain the results of my tests?

Don't hesitate to ask about other tests you may be curious about.

